

LEARNING STYLES INVENTORY

To better understand how you prefer to learn and process information, place a check in the appropriate space after each statement below. Please respond to each statement as honestly as you can.

	Often	Sometimes	Seldom/Never
1. I can remember best by listening to a lecture that includes information, explanations, and discussion.			
2. I prefer to see information written on a chalkboard and supplemented by visual aids and assigned reading.			
3. I like to write things down or to take notes for visual review.			
4. I prefer to use posters, models, or actual practice and other activities in class/work.			
5. I require explanations of diagrams, graphs, or visual directions.			
6. I enjoy working with my hands or making things.			
7. I am skillful with and enjoy developing and making graphs and charts.			
8. I can tell if sounds match when presented with pairs of sounds.			
9. I can remember best by writing things down several times.			
10. I can easily understand and follow directions on a map.			
11. I do best in academic subjects by listening to lectures and tapes.			
12. I play with coins or keys in my pocket.			
13. I learn to spell better by repeating words out loud than by writing them on paper.			
14. I can understand a news article better by reading about it in the newspaper than by listening to a report on the radio.			
15. I chew gum, smoke, or snack while studying.			
16. I think the best way to remember something is to picture it in your head.			
17. I learn the spelling of words by "finger spelling" them.			
18. I would rather listen to a good lecture or speech than read about the same material in print.			
19. I am good at working and solving jigsaw puzzles and mazes.			
20. I grip objects in my hands during learning periods.			
21. I prefer listening to the news on the radio rather than reading about it in the newspaper.			
22. I prefer obtaining information about an interesting subject by reading about it.			
23. I feel very comfortable touching others, hugging, handshaking, etc.			
24. I follow oral directions better than written ones.			

SCORING PROCEDURES

Place the point value on the line next to the corresponding item below. Add the points in each column to obtain the preference score under each heading.

OFTEN = 5 points

SOMETIMES = 3 points

SELDOM/NEVER = 1 point

VISUAL		AUDITORY		KINESTHETIC/TACTILE	
Ques.	Pts.	Ques.	Pts.	Ques.	Pts.
2	___	1	___	4	___
3	___	5	___	6	___
7	___	8	___	9	___
10	___	11	___	12	___
14	___	13	___	15	___
16	___	18	___	17	___
19	___	21	___	20	___
22	___	24	___	23	___
Total:	___	Total:	___	Total:	___

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Total:	___	Total:	___	Total:	___